



Sherelle Reed

LIFE COACH + SPEAKER + AUTHOR

Sherelle Alexander Reed is a New Orleans native who is called to Ministry of Encouragement and Empowerment. She loves people and can be found walking in her calling at speaking engagements, her by monthly talk show, "THIS and THAT" on the PowerPlay Radio Network or by just a friendly conversation with others.

She is the Founder of a Non-Profit Organization called **FIND YOUR RESILIENCE INC** which is a movement that empowers women and girls to Learn from their *Past, Live each day to the Fullest, all while Pursuing Purpose!*

Sherelle is a Corporate Instructor by trade and her passion is motivating others. GOD has BLESSED her to be a wife of 26 years and a mother to her 3 adult children, which she affectionately refers to as "Heart Hearts, Her Reasons and DemReeds".

Sherelle is dedicated to making a deliberate and intentional impact in the community. While she is no stranger adversity, Sherelle has learned that all experiences are necessary for one's Purpose! She understands that she is still standing as a direct result of the Grace and Mercy of an Almighty GOD!!! She encourages others not to forsake their processes in life. Sherelle says, *"I'm just a Girl who LOVES GOD and as a result of that LOVE I am GOD's Girl!"*

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